

## Understanding the Construction (Design & Management) Regulations

### 1-day course

#### Aim

To explain the key aspects of the CDM Regulations 2007 and the legal duties and roles of everyone involved in a construction project

#### Objectives

By the end of this course you will:

*Understand the main requirements of the Construction (Design and Management) Regulations*

*Be able to identify when the CDM Regulations apply*

*Understand the roles of the duty holders: clients, CDM co-ordinators, designers, principal contractors and other contractors*

*Be able to identify what you need to do to comply with the Regulations*

*Understand the importance of the pre-construction information, the construction phase plan and the health and safety file, and what information they should include*

#### Description

This course ensures participants understand their legal obligations and the roles of everybody involved in a construction project. This knowledge will help to ensure that the project is properly planned and is safely completed to specification on time and budget, minimising the disruption to the rest of the business.

It focuses on the planning, management and design requirements of the CDM Regulations, and only provides a brief overview of the duties relating to health and safety on construction sites.

#### Who should attend?

Everyone who has duties under the Construction (Design and Management) Regulations, including clients who commission any construction, renovation or demolition work, Facilities Managers, contractors, designers, project managers and planners.

#### Course contents

- Introduction
  - The principles behind the CDM Regulations
  - Overview of the CDM Regulations
- Definitions
- When do the CDM Regulations apply?
  - Notification of projects to the Health and Safety Executive
- Competence, co-operation and co-ordination
- Principles of prevention
- Duties for all construction projects
  - Clients, including pre-construction information

- Designers, including risk assessment and control
- Contractors
- Duties for notifiable construction projects
  - Clients
  - Designer(s)
  - The CDM Co-ordinator
  - The principal contractor, including the construction phase plan
  - Contractors and the self-employed
- The Health and Safety file
- Health & safety on construction sites – an overview

## Programme

9.00 Registration

9.30 Introduction  
Definitions  
When do the CDM Regulations apply?

11.00 Tea & coffee

11.15 Competence, co-operation and co-ordination  
Principles of prevention

12.30 Lunch

1.30 All construction projects  
Notifiable projects

3.00 Tea & coffee

3.15 Notifiable projects cont.  
The Health and Safety file

4.45 Close

### How do I book?

**Telephone:** 020 7404 4440

**Email:** [info@bifm-training.co.uk](mailto:info@bifm-training.co.uk)

**Website:** [www.bifm-training.com/understanding\\_constructionFS.htm](http://www.bifm-training.com/understanding_constructionFS.htm)

*To book online, copy the above URL into your web browser and scroll down to the registration link below the course description.*